



## Early Detection

Early detection of illness by occupational health leads to numerous benefits, including improved employee well-being, reduced absenteeism and staff turnover, increased productivity, and lower healthcare costs for both the individual and the employer. It facilitates timely treatment, prevents long-term complications and disability, fosters a positive work environment by showing commitment to employee health, and helps organisations comply with health and safety regulations.

### For Employees

#### ***Improved Health Outcomes:***

Early identification of health issues allows for timely intervention, leading to more successful treatment and better long-term health.

#### ***Prevented Complications:***

Early detection can prevent conditions from worsening and leading to long-term complications, disability, or even life-threatening conditions.

#### ***Better Quality of Life:***

Employees can manage health conditions more effectively, leading to an improved quality of life.

***Enhanced Well-being and Morale:***

Knowing their employer invests in their health can increase job satisfaction, trust, and loyalty.

**For Employers**

***Reduced Absenteeism and Staff Turnover:***

Identifying and managing health issues early can reduce time away from work and prevent employees from leaving due to work-related health problems.

***Increased Productivity:***

A healthy workforce is a more productive workforce, with employees having more energy and focus.

***Lower Healthcare Costs:***

Early intervention can reduce the need for more complex and expensive